

| Session- III                                                                                                                                                                        |                                                      |                                                                                                                                                                                             |                                                                                                                                                                                  |
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| Chairperson                                                                                                                                                                         | Time                                                 | Theme                                                                                                                                                                                       | Speaker/Panellist                                                                                                                                                                |
| <b>Dr G G Gangadharan,</b><br>Director, IHST,<br>Bangalore.<br>(Chairpersons of the session will initiate & moderate panel discussions & give their concluding remarks)             | 13.15-13.35                                          | <b>Keynote address</b><br>Complementary and Alternate approaches for preventive cardiology                                                                                                  | <b>Dr Nagarathna,</b><br>Dean of the Division of Yoga and Life Sciences, SVYASA University, Bangalore                                                                            |
|                                                                                                                                                                                     | 13.35 - 14.15<br><br>Presentation by Keynote speaker | <b>Panel Discussion</b><br>A vision of the future:<br>Good quality of life until death<br>(Panellists will be given 5 minutes each to talk / give a presentation)                           | <b>Dr Raghavendra Rao,</b> Head CAM, HCG<br><b>Dr Vivek Sankar,</b> IAM<br><b>Dr Prutvish,</b> MSRMC<br><b>Dr Terry Vanden Hoek,</b> UIC<br><b>Dr Timothy B Erickson,</b> UIC    |
| Session - IV                                                                                                                                                                        |                                                      |                                                                                                                                                                                             |                                                                                                                                                                                  |
| Chairperson                                                                                                                                                                         | Time                                                 | Theme                                                                                                                                                                                       | Speaker/Panellist                                                                                                                                                                |
| <b>Dr V S Prakash</b><br>Cardiologist,<br>Narayana Health,<br>MSRMC<br><br>(Chairpersons of the session will initiate & moderate panel discussions & give their concluding remarks) | 14:15-14:35                                          | Preventive Emergency Medicine for sudden cardiac arrest & heart health                                                                                                                      | <b>Dr Terry Vanden Hoek,</b> Professor of Emergency Medicine, University of Illinois, College of Medicine, Chicago, USA                                                          |
|                                                                                                                                                                                     | 14:35-15:15                                          | <b>Panel Discussion</b><br>Time is Everything :<br>Responding to SCA – overcoming barriers to timely reperfusion<br>(Panellists will be given 5 minutes each to talk / give a presentation) | <b>Dr Pradeep Shetty,</b> Narayana Health<br><b>Dr Gopi,</b> Fortis Hospital<br><b>Dr Rammurthy Bingi,</b> BGS<br><b>Dr Aruna C Ramesh,</b> MSRMC<br><b>Dr Tim Erickson,</b> UIC |
| Conclusion                                                                                                                                                                          | 15:15-15:30                                          | Heart Disease- The Silent Killer. Where we go from here for a better outcome?                                                                                                               | <b>Dr Naresh Shetty,</b> President and IPSA, MSR Hospitals                                                                                                                       |
| <b>Tea Break : 15.30 - 16.00</b>                                                                                                                                                    |                                                      |                                                                                                                                                                                             |                                                                                                                                                                                  |

Note: Registration open to all Health care personnel involved in Cardiac Care. Prior registration compulsory for certification. CME Credits being processed. **Please Confirm your participation early by 5th Jan, 2014**

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# **M S Ramaiah Medical College & Hospitals,** **Narayana Health &** **University of Illinois, Chicago, USA)**

*“Reaching out to every Heart”*

## **'Preventive Cardiology'** **Strategies to Provide Best Cardiac Care.**

**8th January 2014, (Wednesday)**

Venue:

**M S Ramaiah Advanced Learning Centre,**  
 Gate 4, Gnanagangothri Campus, MSR Nagar, Bangalore - 560054.



**Purpose :** Coronary heart disease (CAD) epidemic has become the “Silent Killer” in the world due to the sedentary lifestyle and increasing risk factors. Current data has not only shown a steady increase in hypertension prevalence in India but an alarming 51 million diabetics the highest ever reported according to International Diabetes Federation. Even more frightening is the revelation of an estimated 45 million patients of CAD in India.

**Prevention of CAD-why we need to act fast?** It is predicted by the year 2020, CAD will account for one third from existing one fifth of all deaths in India. CAD is associated with metabolic syndrome not only in males but in children, adolescents and women making the future look even grimmer. At least 70% of all deaths related to CAD are due to modifiable risk factors.

Research shows positive correlation between awareness & actions taken to reduce cardiac risk. This epidemic in India warrants an urgent action in terms of public education, aggressive screening, interventions and other effective preventive strategies. The need of the hour is to achieve improvements in cardiovascular health in all segments of the population. For this to happen government and non-government agencies have to come together to identify “Essential Components of the Action Plan” for the local population and suggest individual based strategy that we will need to focus on for improved cardiovascular health behaviors.

**Expectation :** The Preventive Cardiology Symposium will offer a learning opportunity of the recent advances in preventive cardiology and lifestyle medicine for health care professionals who provide care to patients with or at risk for CAD. Cardiovascular and emergency medicine specialists have an obligation to lead in prevention, detection and treatment of CAD. Hence experts in this field will discuss guidelines and recent scientific developments concerning CAD prevention. They will define and set institutional goals for the translation of this information to practical application in our community setting.

### Objectives

1. Defining the issues and suggesting solutions.
2. Identifying resource for prevention strategies.
3. Engaging in (regional and global) partnerships.
4. Capitalizing on shared experience for components of the action plan

| Session      | Time          | Theme                                                        | Speaker                                                                                                                               |
|--------------|---------------|--------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|
| Inauguration | 09.30 – 10.00 | Inaugural function                                           | <b>Dr M R Jayaram</b> Chairman GEF<br><b>Dr D V Guruprasad</b> CE GEF(M)<br><b>Dr A C Ashok</b> Principal & Dean<br>MSRMC & Hospitals |
| Introduction | 10.00 - 10.15 | The purpose of symposium and expectations out of discussions | <b>Dr D C Sundaresh</b><br>President, MSRMC                                                                                           |

## 'Preventive Cardiology' Strategies to provide best care.

| Session- I                                                                                                                                                                                                                  |               |                                                                                                                                                                                   |                                                                                                                                                                                                            |
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| Chairperson                                                                                                                                                                                                                 | Time          | Theme                                                                                                                                                                             |                                                                                                                                                                                                            |
| <b>C N Manjunath</b> ,<br>Sri Jayadeva<br>Institute of<br>Cardiovascular<br>Sciences &<br>Research.<br>(Chairpersons of the<br>session will initiate &<br>moderate panel<br>discussions & give their<br>concluding remarks) | 10:15 -10:35  | <b>Keynote address</b><br>Bridge the gap between<br>healthcare needs and<br>resources - A Call for Action                                                                         | <b>Dr Devi Prasad Shetty</b> ,<br>Chairman, Narayana Health, Bangalore                                                                                                                                     |
|                                                                                                                                                                                                                             | 10:35 - 11:15 | <b>Panel Discussion</b><br>Optimising cardiac Care<br>– Correlation between<br>awareness & actions.<br>(Panellists will be given 5 minutes each<br>to talk / give a presentation) | <b>Dr S S Iyengar</b> Manipal Hospital<br><b>Dr Nagaraj Desai</b> , JSS<br><b>Dr Prabhakar Shetty</b> , Columbia Asia<br><b>Dr Mabel Vasanaik</b> , Manipal Hospital<br><b>Dr Timothy B Erickson</b> , UIC |
| <b>Tea Break : 11:15-11:30AM</b>                                                                                                                                                                                            |               |                                                                                                                                                                                   |                                                                                                                                                                                                            |

| Session - II                                                                                                                                                                                             |               |                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                           |
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| Chairperson                                                                                                                                                                                              | Time          | Theme                                                                                                                                                                                                                 | Speaker/Panellist                                                                                                                                                                                                                                                                                                                         |
| <b>Dr Devi Prasad Shetty</b> ,<br>Chairman,<br>Narayana Health,<br>Bangalore<br><br>(Chairpersons of the<br>session will initiate &<br>moderate panel<br>discussions & give their<br>concluding remarks) | 11:30 - 11:50 | <b>Keynote address</b><br>Diagnosis , Management &<br>prevention of CV drug toxicity                                                                                                                                  | <b>Dr Timothy B Erickson</b> , Professor of Emergency<br>Medicine, University of Illinois,<br>College of Medicine, Chicago, USA                                                                                                                                                                                                           |
|                                                                                                                                                                                                          | 11:50 - 12:30 | <b>Panel Discussion</b><br>Plans for policy makers:<br>Action framework for a<br>comprehensive public health<br>strategy to prevent CAD<br>(Panellists will be given 5 minutes each<br>to talk / give a presentation) | <b>Sri Madan Gopal</b> IAS, Principal Secretary to<br>Department of Health and Family Welfare,<br>Government of Karnataka<br><b>Dr C N Manjunath</b> , Director, Jaydeva Hospitals.<br><b>Dr S Kumar</b> , President Medical Education, GEF(M)<br><b>Dr Terry Vanden Hoek</b> UIC<br><b>Mr Krishna Murthy</b> , VP, Aviation Safety, BIAL |
| <b>Lunch Break : 12:30-13:15</b>                                                                                                                                                                         |               |                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                           |