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Organised by
**International Society for Musculoskeletal
Ultrasound in Pain Medicine-ISMPM**

In association with
Daradia Pain Foundation



International Conference on
Musculoskeletal Ultrasound in Pain

ICMU PAIN 2023

31st March – 3rd April

MUSCULOSKELETAL ULTRASOUND IN PAIN REFINED & REDEFINED...

 **Sheraton Grand Bangalore Hotel at Brigade Gateway**

2nd-3rd April 2023

POST CONFERENCE CADAVERIC WORKSHOP
at M S Ramaiah Advanced Learning Center, Bengaluru, India

Dear Friends/Colleagues,

We are very much elated and delighted to welcome you to the IT capital of India as we host the first of its kind **"International Conference on Musculoskeletal Ultrasound in Pain Medicine"** organized by **"International Society for Musculoskeletal Ultrasound in Pain Medicine"** in association with **Daradia Pain Foundation** from **31st March 2023 to 3rd April 2023** at Sheraton Grand Bangalore Hotel at Brigade Gateway.

In the recent era, musculoskeletal ultrasound has become an integral part of **Pain Medicine** and it is now the stethoscope of Pain Physicians across the world. Keeping in mind the enthusiasm and the passion in people across the world to learn musculoskeletal ultrasound we invite you to this medical fest, which we assure you will be nothing short of a scientific feast with more emphasis on live scanning, discussion on pathologies, regenerative medicine and post conference cadaveric workshop for practicing the interventional procedures.

As the **Theme of the Conference being – Musculoskeletal Ultrasound in Pain: Refined & Redefined** we have tried to refine the past techniques and have redefined them in the simplest possible manner.

It is time for us to adapt to the new changing era and enrich our knowledge and skills further. This meeting will provide a platform for all to learn and share the passion for empowering **Musculoskeletal Ultrasound in Pain**. Nestled in the Southeastern part of Karnataka amidst beautiful lakes and hills, blessed with salubrious weather, Bengaluru is sure to enchant you all.

On behalf of the Organising Committee, we are eagerly waiting to welcome all of you to our beautiful **'Garden City'**



Dr Gautam Das
Organising Chairman



Dr Kanchan Sharma
Organising Secretary

Organising Committee



Dr Gautam Das
Organising Chairman



Dr Kanchan Sharma
Organising Secretary



Dr Chinmoy Roy
Scientific Chairperson



Dr Smruti Rekha Hota
Treasurer



Dr Debjyoti Dutta
Scientific Secretary



Dr Sneha Shreyas
Workshop Co – Ordinator

Conference Highlights

- Eminent International and National Faculties
- Cadaveric Hands-on Workshop.
- Excellent Technology Showcase.



INTERNATIONAL FACULTY



Dr Anamul Haq Milton
Bangladesh



Dr Kawsar Sardar
Bangladesh



Dr Mohammad Ahad Hossain
Bangladesh



Dr Md. Mazharul Alam
Bangladesh



Dr TCT Novy
Indonesia



Dr Hari Poudel
Nepal



Dr Shirish Amatya
Nepal



Dr Eltayeb Gadir
Sudan



Dr Emmanuel Villano
Philippines



Dr Elfayadh Suliman
Sudan

NATIONAL FACULTY



Dr Ashok Jadon



Dr Anand Kumar G S



Dr Chinmoy Roy



Dr Debjyoti Dutta



Dr Dipasri Bhattacharya



Dr Gautam Das



Dr Gurumoorthi R



Dr Gaurav Sharma



Dr G K Kumar



Dr Harshita Surange



Dr Jeshnu Tople



Dr Kanchan Sharma



Dr Karthic Babu Natrajan



Dr Khaja Javed Khan



Dr Navita Purohit



Dr Pankaj Surange



Dr Sarvesh B



Dr Shovan Kumar Rath



Dr Surbhi Bhagat



Dr Samarjit Dey



Dr Vivek Chakole



Dr Vanmathy Rajesh

WORKSHOP INSTRUCTORS



Dr Aparna Gotur



Dr Ashwini G S



Dr Bhaskar Das



Dr Madhu S



Dr Madona Stephen



Dr Nita Varghese



Dr Pavani Vikrant



Dr Radhika Marathe



Dr Rituparna Das



Dr Senthil Prakash



Dr Shruthi N S



Dr Smruthi Rekha Hota



Dr Sneha Shreyas



Dr Sushpa Das

DAY 1

HALL A

Friday, 31st March 2023

Time	Session	Faculty	Chairpersons
08:00-08:30 AM	Registration		
08:30 - 09:00 AM	Flag hoisting & Opening ceremony		
	Session: UPPER LIMB		
09:00 - 09:35 AM	Shoulder Rotator Cuff , RI and Biceps Brachii Anatomy and Live Demonstration of sonoanatomy on Volunteer	Dr Chinmoy Roy	Dr Pradeep Jain Dr Naveen Malhotra
09:35 - 10:10 AM	Shoulder Joint: Glenohumeral, AC joint, Ligaments Anatomy and Live Demonstration of Sonoanatomy on Volunteer	Dr Debjyoti Dutta	
10:10 - 10:20 AM	Discussion		
10:20 -11:05 AM	Tea/Coffee Break		
10:30 - 11:00 AM	Denusumab in Osteoporosis	Dr Shovan Rath and Dr Kawsar Sardar	
11:05 - 11:30 AM	Common Shoulder Patholgies and Interventions	Dr Md.Mazharul Alam	Dr G K Kumar Dr Karthic Babu Natarajan
11:30 AM - 12:10 PM	Anterior and Medial Elbow Anatomy and Live Demonstration of Sonoanatomy on Volunteer	Dr Kanchan Sharma	
12:10 - 12:50 PM	Lateral and Posterior Elbow Anatomy and Live Demonstration of Sonoanatomy on Volunteer	Dr Harshita Surange	
12:50 - 01:00 PM	Discussion		
01:00 - 02:00 PM	Lunch Break		
01:05 - 01:55 PM	PRP in Sports Injury and Tendinopathy	Dr Karthic Babu Natarajan Dr Vanmathy Rajesh	Dr Samarjit Dey Dr G K Kumar
02:00 - 02:40 PM	Common Elbow Pathologies and Interventions	Dr Anamul Haq Milton	Dr Vivek Chakole Dr Gaurav Sharma
02:40 - 03:10 PM	Dorsal Wrist And Hand Anatomy and Live Demonstrations of Sonoanatomy on Volunteer	Dr Gautam Das	

DAY 1

HALL A

Friday, 31st March 2023

Time	Session	Faculty	Chairpersons
03:10 - 03:40 PM	Ventral Wrist and Hand Anatomy and Live Demonstrations of Sonoanatomy on Volunteer	<i>Dr Kanchan Sharma</i>	<i>Dr Vivek Chakole</i> <i>Dr Gaurav Sharma</i>
03:40 - 03:55 PM	Tea/Coffee Break		
03:55 - 4:25 PM	Common Wrist and Hand Pathologies and Interventions	<i>Dr Tct Novy</i>	
04:25 - 05:05 PM	Discussion		
05:30 - 07:30 PM	General Body Meeting		
8:00 PM onwards	Gala Dinner & Cocktail		

DAY 1

HALL B

Friday, 31st March 2023

FREE HANDS ON VOLUNTEER SCANNING WORKSHOP

Time	Session-1	Faculty	Instructor
09:40 AM - 10:50 AM	Shoulder Joint	Dr Anamul Haq Milton	Dr Aparna Gotur
11:00 AM - 12:10 PM	Elbow Joint	Dr Vanmathy Rajesh	Dr Senthil Prakash
12:10 PM - 01:20 PM	Wrist Joint and Hand	Dr Md. Mazharul Alam	Dr Radhika Marathe
01:20 PM - 02:00 PM	Lunch Break		
02:30 PM - 03:40 PM	Brachial Plexus	Dr Sarvesh B	Dr Madhu S
03:40 PM - 03:50 PM	Tea/coffee Break		
03:50 PM - 05:00 PM	Upper Limbs Nerves	Dr Khaja Javed Khan	Dr Bhaskar Das

DAY 2

HALL A

Saturday, 1st April 2023

Time	Session	Faculty	Chairpersons
Session: LOWER LIMB AND SPINE			
08:20 - 09:10 AM	Presidential Oration: Lumbar Spine Anatomy and Live Demonstration of sonoanatomy on Volunteer	Dr Gautam Das	Dr Kawsar Sardar Dr Katic Babu Natrajan
09:10 - 09:40 AM	Anterior and Medial Hip Anatomy and Live Demonstration of sonoanatomy on Volunteer	Dr Chinmoy Roy	Dr Samarjit Dey Dr G K Kumar
09:40 - 10:10 AM	Lateral and Posterior Hip Anatomy and Live Demonstration of sonoanatomy on Volunteer	Dr Debjyoti Dutta	
10:10 - 10:40 AM	Common Hip Pathologies and Interventions	Dr Emmanuel Villano	
10:40 - 11:20 AM	Release of book & Journal		
11:20 - 11:55 AM	Anterior and Medial Knee Anatomy and Live Demonstration of sonoanatomy on Volunteer	Dr Kanchan Sharma	Dr Samarjit Dey Dr G K Kumar
11:55 AM - 12:30 PM	Lateral and Posterior Knee Anatomy and Live Demonstration of sonoanatomy on Volunteer	Dr Gautam Das	
12:30 - 01:00 PM	Common Knee Pathologies and Interventions	Dr Gurumoorthi R	
01:00 - 01:50 PM	Lunch Break		
01:10 - 1:50 PM	Cryo ablation vs RF ablation	Dr Gautam Das	Dr Gaurav Sharma Dr Shovan Rath
01:50 - 02:20 PM	Anterior and Medial ankle and Foot Anatomy and Live Demonstration of sonoanatomy on Volunteer	Dr Tct Novy	Dr Anand Kumar GS Dr Vivek Chakole
02:20 - 02:50 PM	Lateral and Posterior Ankle and Foot Anatomy and Live Demonstration of sonoanatomy on Volunteer	Dr Vanmathy Rajesh	
02:50 - 03:20 PM	Common Ankle and Foot Pathologies and Interventions	Dr.Gurumoorthi R	

DAY 2

HALL A

Saturday, 1st April 2023

Time	Session	Faculty	Chairpersons
03:20 - 03:40 PM	Tea/Coffee Break		
03:40 - 04:10 PM	Thoracic Spine Anatomy and Live Demonstration of sonoanatomy on Volunteer	Dr Ashok Jadon	Dr Dipasri Bhattacharya Dr G K Kumar
04:10 - 04:40 PM	Cervical Spine Anatomy and Live Demonstration of sonoanatomy on Volunteer	Dr Tct Novy	
04:40 - 05:30 PM	Valedictory & Prize Distribution		

DAY 2

HALL B

Saturday, 1st April 2023

FREE HANDS ON VOLUNTEER SCANNING WORKSHOP

Time	Session-1	Faculty	Instructor
09:40 AM - 10:50 AM	Knee Joint	Dr Mohammed Ahad Hossain	Dr Shruthi N S
11:00 AM - 12:10 PM	Ankle Joint and Foot	Dr Jeshnu Tople	Dr Pavani Vikrant
12:10 PM - 01:20 PM	Lumbar Spine	Dr Hari Poudel	Dr Ashwini G S
01:20 PM - 02:00 PM	Lunch Break		
02:30 PM - 03:40 PM	Thoracic Spine	Dr G K Kumar	Dr Smruthi Rekha Hota
03:40 PM - 03:50 PM	Tea/coffee Break		
03:50 PM - 05:00 PM	Lower Limbs Nerves	Dr Shirish Amatya	Dr Madhu S

DAY 3 & 4

2nd & 3rd April 2023, 8.30 am to 5.00 pm

Post Conference Cadaveric Hands-on Workshop
@ M S Ramaiah Advanced Learning Center

CADAVERIC NEEDLING

Faculty : Dr. Anand Kumar G S, Dr. Debjyoti Dutta, Dr. Dipasri Bhattacharya, Dr. Jeshnu Tople
Dr. Karthic Babu Natrajan, Dr. Vanmathy Rajesh, Dr. Anamul Haq Milton, Dr. Md. Mazharul Alam,
Dr. TCT Novy, Dr. Hari Poudel, Dr. Elfayadh Suliman

Instructors - Dr Ashwini G S, Dr Nita Varghese, Dr Rituparna Das, Dr Smruthi Rekha Hota

TABLE 1 Shoulder Joint	TABLE 2 Elbow Joint	TABLE 3 Wrist Joint	TABLE 4 Trunk	TABLE 5 Lumbar Spine
PGHJ AC Supraspinatus LHB	CFT CET Posterior Elbow Joint	Carpal Tunnel First Compartment A1 Pulley	PVB Erector Spinae Intercostal Nerve	Lumbar Facet and Epidural SI Caudal Epidural

TABLE 6 Knee Joint	TABLE 7 Ankle Joint & Foot	TABLE 8 Hip Joint	TABLE 9 Practice session	TABLE 10 Practice session
Intra-articular Knee Intra-articular Patellar Tendon illiotibial Band	Talocrural ATFL Achilles Plantar Fascia	Hip Joint Piriformis Muscle Sciatic Nerve Pudental Nerve	Upper Limb Supine	Upper Limb Prone

TABLE 11 Practice session	TABLE 12 Practice session
Lower Limb Supine	Lower Limb Prone

DAY 3 & 4

2nd & 3rd April 2023, 8.30 am to 5.00 pm

Post Conference Cadaveric Hands-on Workshop
@ M S Ramaiah Advanced Learning Center

HANDS ON VOLUNTEER SCANNING

Faculty : Dr. Chinmoy Roy, Dr Khaja Javed Khan, Dr Sirish Amatya, Dr Emmanuel Villano
Dr Surbhi Bhagat, Dr Ashok Jadon, Dr Navita Purohit, Dr Mohammed Ahad Hussain
Dr G K Kumar, Dr Sarvesh B

Instructors - Dr Aparna Gotur, Dr Bhaskar Das, Dr Madhu S, Dr Madona Stephen, Dr Pavani Vikrant
Dr Radhika Marathe, Dr Senthil Prakash, Dr Shruthi N S, Dr Sneha Shreyas, Dr Sushpa Das

SHOULDER JOINT	ELBOW JOINT	WRIST JOINT	KNEE JOINT	ANKLE JOINT	CERVICAL SPINE & NECK
Suprascapular Nerve Axillary Nerve Subscapularis Subacromial Impingement Sub-Coracoid Impingement Coracoacromial ligament	Brachialis Distal Biceps Tendon ATM approach Lateral approach Dorsal approach Anterior Joint Recess	Dorsal Compartments of Wrist FPL FCR Dorsal and Palmar Joint Recess Carpal Bones DRUJ	Genicular Nerves Semi-membranous Semitendinosus Bursa Pes Anserine Bursa Medial and Lateral. Meniscus MCL AND LCL Long and Short Head of Biceps Femoris SM and ST	Tarsal Tunnel Knot of Henry Peroneal Longus Peroneal Brevis CFL AitFL TA, EHL, EDL	Cervical Facet Cervical Root GON Stellate Ganglion

TRUNCAL BLOCKS	UPPER LIMB NERVES	LOWER LIMB NERVES	BRACHIAL PLEXUS
PEC 1 PEC 2 SAP TAP Rectus Sheath	Median Nerve Ulnar Nerve Deep Branch of Radial Nerve Superficial Branch of Radial Nerve	Popliteal Sciatic Superficial Peroneal Deep Peroneal Tibial Saphenous Sural	Interscalene Supraclavicular Costoclavicular Axillary

PRACTICE SESSION-1	PRACTICE SESSION-2

SCIENTIFIC PARTNERS



Synapse Pain & Spine Clinic™
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At Lyceum Life Sciences, we have been on a journey with a commitment of delivering medicines, which are based on Quality, Affordability and Reliability for patients to help them "Live Without Limits". Each step is been specially designed to transform human life and evolve in to a highly focused speciality branded pharmaceutical company in Indian Healthcare Industry. Our collective commitment, coupled with our care values, unite us to provide value for Doctors, Patients and all our Business Associates. We currently are focused on marketing our portfolio of medicines for Chronic Care. To augment our portfolio, we also stepped in to Gastro, Women's Healthcare and Ophthalmic. At Lyceum, achieving patient satisfaction is fundamental to our business and we are committed to making a difference in people's lives with products of the highest quality.

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Sobo Center, B-126, Near S.P. Ring Road, South Bopal Ahmedabad-380058, Gujarat, India
Phone: 02717484130 | E-mail: info@lyceumworld.com | Web: www.lyceumworld.com

Makers Of



CONFERENCE SECRETARIAT :



Kolkata | Bengaluru | Sambalpur

For more Details contact

Email: orgsecretary@icmupain.com | Phone : +91 9538115187, 96867 28475, 91637 30004