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Advisors  
**Dr Naresh Shetty**  
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**Dr TV Raja**, Chennai  
**Dr Parthiban**, Chennai  
**Dr Rajesh Simon**, Cochin  
**Dr Ajoy**, Bengaluru  
**Dr Suresh Kumar**, Bengaluru

Conference Fee : **Rs 2,000/-**

Cadaver Workshop: **Rs 5,000/-**

Account Name **"BANGALORE FOOT AND ANKLE COURSE 2016"**

Acct. No.: 141201011020417

IFSC code : VIJB0001412

MICR code : 560029070

Vijaya Bank, MSRIT Branch

For Details Contact :

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**Dr Suresh Kumar - 9342580539**

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MAIL TO :

From : **M S Ramaiah**  
**Advanced Learning Center,**  
Gate 4, Gnanagangothri Campus,  
MSR Nagar, Bangalore - 560054  
e-mail : bfac2016@gmail.com

# **BANGALORE FOOT AND ANKLE COURSE 2016**

under aegis of IFAS and BOS

**May 14 & 15, 2016**



Venue :  
**M S Ramaiah Advanced Learning Center**  
MSR Nagar, MSRIT Post, New BEL Road, Bangalore 54

## About the course

Indian foot and ankle society is a community of networked Orthopaedic Surgeons across India, started in 1985 and is a very young society developing at a rapid pace. Foot and ankle is emerging as one of the most sought after subspecialty of orthopaedics in India in recent times.

Bangalore foot and ankle course aims at active interactions between faculty and delegates regarding complex foot and ankle conditions and also common conditions one is likely to encounter in day to day Orthopaedic practice. The format is designed to provide less time for lectures and more for small group discussions and interactions. One of the highlights of this course is the enhancement of surgical skills through hands –on cadaver workshop which helps the young Orthopaedic Surgeons to hone their skills.

The MSR Advanced Learning Center, the venue of the course needs no introduction, being the foremost and the best surgical skills lab in the country, where facilities for the conduct of this CME are on par with the best in the world.

Bangalore, the capital of Karnataka, is one of the best cities of India. Having clocked a phenomenal growth in terms of infrastructure and development, it is the hub of all major IT related firms of the world. Earlier known as the Garden City, for the innumerable parks and open spaces that it boasted of, it is also a major healthcare destination for all types of treatment, modern and holistic. Bangalore has an enviably pleasant climate and May is a time for light cotton wear. The city and its surroundings have places of visit which are steeped in history, architecture and natural beauty. A visit to Bangalore in general and the conference in particular will be an enriching experience for all in every possible way.

It gives us great pleasure to welcome you all for this unique course.

Organising Chairperson  
**Dr Ajoy SM**

Organising Secretary  
**Dr Suresh Kumar MS**

## Saturday, 14th May

### SESSION 1: BASICS

- Anatomy and Biomechanics
- Examination of Foot and Ankle
- Important Aspects of Foot and Ankle Radiology
- Discussion
- Inauguration

### SESSION 2: FRACTURES

- Whats New in Calcaneal Fractures
- Pit falls in talus fixation: How to improve outcome
- Syndesmotic Injury: Are we doing right
- Lisfranc injury how not to miss and what to do
- Discussion
- Coffee Break

### SESSION 3: ARTHROSCOPY

- Basics: Set up, Indications and Tricks
- OCD Talus: Technique and Tricks
- Arthroscopic Ankle Fusion: New Gold Standard?
- Discussion

### SESSION 4: SOFT TISSUE CONDITIONS

- Plantar Fascitis: Is there any Cure?
- Insertional Achilles Tendinitis: Conservative or Surgical Treatment
- Tarsal Tunnel Syndrome Identification and Treatment
- Acute TA tear Conservative or Surgical Treatment
- Discussion

### SESSION 5: HALLUX VALGUS

- Distal soft tissue procedure (Medial plication and Lateral release): Ever alone? How?
- Metatarsal osteotomies: which one to choose
- Scarf osteotomy: Is it the workhorse?
- Discussion

### SESSION 6: MISCELLANEOUS

- Unresolved ankle sprain
- Lateral ankle instability: Treatment options
- Fusion in neuropathic foot
- Discussion
- Lunch

### SESSION 7

- Interactive Case Discussions Between Faculty and Delegates – 8 Cases
- Coffee Break

### SESSION 8 Common in India

- Compound Foot and Ankle Fracture Management
- Diabetic Foot: It is an Orthopedic Domain
- Tubercular Foot: Is it Common
- Osteoarthritis in Foot and Ankle
- Discussion

### SESSION 9 ADULT ACQUIRED FLAT FOOT WHY DO WE FAIL TO DIAGNOSE

AAFFD STAGE 1 AND 2  
AAFD STAGE 3 AND 4

### MAY 15TH

CADAVER WORK SHOP

# **BANGALORE FOOT AND ANKLE COURSE 2016**

May 14 & 15, 2016

## Registration form

Name:

Reg. No.:

State of Reg.:

Designation:

Institute:

Address:

Phone no:

E mail :